

Components of the Mentor/Supervisor Candidate Training Program

All requirements of the mentor/supervisor training program can be completed within a one-year period, and are expected to be completed within a maximum of three years.

1. Consultation from a Mentor/Supervisor on the supervision you offer your trainees

- A minimum of 12 hours for clinicians with experience providing supervision
- A minimum of 20 hours for CAPF/CPT who are not licensed clinicians and for clinicians without experience providing supervision

Select a mentor/supervisor with whom you will complete 12 to 20 hours of consultation on the supervision you will provide over a minimum of a one-year period as you work with your trainees. You should select a different mentor/supervisor than the one with whom you completed your poetry therapy credential training in order that you may be exposed to the wide range of experience our various mentor/supervisors provide. Your mentor/supervisor will tailor your consultation to your specific learning needs, focusing especially on supervision of your supervision and your didactic training of trainees, in addition to Ethics, marketing and business development, and internet training/teaching as needed. Your consultation will likely include the review of your session notes, the feedback you provide on trainees' facilitation reports, and/or videotapes or audiotapes of your training sessions. Your mentor/supervisor can conduct your consultation in a variety of ways including face-to-face consultation, telephone consultation, real-time interactive internet consultation, or asynchronic internet consultation.

In addition, your mentor/supervisor will be expected to address the following areas at some point in your 12 to 20 hours of consultation/training:

a) Scope of practice

Consideration of issues appropriate to developmental and clinical work and training in all competency areas, including preparing CAPFs to respond appropriately to inevitable clinical situations for which they may not be trained.

b) Assessment of potential applicants for CAPF/CPT/PTR credentials, including consideration of their mental health, basic literacy, and didactic backgrounds.

c) Group facilitation

Methods of group facilitation to be applied to your training of future poetry therapists or applied poetry facilitators, including approaches and goals for group training, and the differences between facilitation, therapy, developmental peer experience, and didactic training.

d) Problem resolution

How to handle challenges with trainees including logistic, educational, emotional, or financial problems and determining when and how to have a trainee leave your program.

e) Responding to written reports

How to give appropriate feedback on trainees' written session reports. Your mentor/supervisor will ask you to provide some samples of your responses to trainees' reports and give you feedback on your feedback to trainees to help you develop your skills.

2. Supervision and Didactic Training of Poetry Therapy Candidates

- For clinicians with experience providing supervision, provide a minimum of 18 hours of didactic training and 18 hours of supervision to trainees or students
- For CAPF/CPT who are not licensed clinicians and for clinicians without experience providing supervision, provide a minimum of 30 hours of didactic training and 30 hours of supervision to trainees or students

You will obtain and document the hours of supervision and hours of didactic training which you provide to trainees or students while receiving consultation from your mentor/supervisor. Your activities in this category will include supervision of poetry therapy or applied poetry facilitator trainees (consistent with your level of credentialing); didactic training of poetry therapy or applied poetry facilitator trainees or students which can be in the context of workshops you provide about the theory or practice of poetry therapy (i.e., you are **not** conducting poetry therapy sessions for these hours, but training future poetry therapists); leading peer experience groups for trainees and assisting trainees in leading peer experience groups; assisting trainees with their applications for training, tracking trainees' process, or assisting trainees to assemble their final portfolios for their credentials. These activities make take place in person, online, and/or over the telephone.

3. Completion of Three Continuing Education Courses

a) Supervision Course (6 continuing education credits)

Complete a 6-hour continuing education course in supervision of therapy, counseling, social work, psychology, or creative arts therapy. If you can document the completion of an academic graduate-level 3-credit course or a 6-hour continuing education course within the past five years that is also acceptable.

b) Completion of an Ethics Course (3 continuing education credits)

You can opt to complete the on-line Ethics in Poetry Therapy Supervision course which is approved by **the NFB/PT** or an equivalent course. The course should cover Ethics in Supervision for poetry therapy specifically, including documentation and record keeping.

c) Completion of the NFB/PT Training Guide Course (3 continuing education credits)

You can complete the on-line 3 continuing education credit course approved by the NFB/PT. The course will familiarize mentor/supervisor candidates with the NFB/PT Training Guide and will include a brief open book exam on the contents of the guide in order that you can demonstrate your knowledge of the poetry therapy training process.

4. Credentials Committee Service (minimum one year)

Serve a minimum one-year term on the Credentials Committee of the National Federation for Biblio/Poetry Therapy. This service will give you greater familiarity with the Training Guide and the poetry therapy/applied poetry facilitator credential application process-- including experience evaluating both initial applications for training and final portfolios for credentials-- so that as you begin to accept your own trainees and develop your own training programs you will be better able to guide your trainees' training to meet the Federation's guidelines for credentialing. Your timely and active participation on this committee will be assessed by the credentials committee chair who will provide you with a brief statement for the candidacy committee attesting to your participation.

Applying to Become a Mentor/Supervisor

When all requirements for the M/S have been met, submit a portfolio to the Candidacy Committee demonstrating your competence in the areas shown above. Your portfolio will contain the following documents for the Candidacy Committee:

- I. A consultation log documenting the number of hours and topics addressed with your mentor/supervisor.
- II. A written recommendation from your mentor/supervisor
- III. Documentation of the 36 to 60 minimum hours of supervision and training you have conducted with your trainees or students.
- IV. Certificates documenting your completion of the required Supervision, Ethics in Supervision, and NFB/PT Training Guide courses.
- V. Documentation of your year-long service on the Credentials Committee completed by the chair of this committee.
- VI. Completed NFB/PT Training Curriculum Questionnaire which can be found at http://www.nfbpt.com/PT-APF_Training_Curriculum_Questionnaire2.doc

Please submit an electronic copy of your portfolio to candidacy@nfbpt.com and mail one printed copy of your portfolio:

Administrator
National Federation for Biblio/Poetry Therapy
1625 Mid Valley Drive #1, Suite 126
Steamboat Springs, CO 80487

With the approval of the Candidacy Committee, you will be designated as a mentor/supervisor for NFB/PT, identified as such on the Federation website directory, and eligible to advertise your programs on the NFB/PT website's mentor/supervisor pages.